



2019 Conference Indoor Championships Schedule of Events

DAY ONE – FRIDAY, FEBRUARY 22

Combined Events

10:00 A.M.	60 Meter Hurdles	Pentathlon- Women
10:15 A.M.	60 Meter Dash	Heptathlon- Men
10:50 A.M.	High Jump (2 pits)	Pentathlon- Women
10:50 A.M.	Long Jump	Heptathlon- Men
12:00 P.M.	Shot Put	Heptathlon- Men
1:00 P.M.	High Jump	Heptathlon- Men
1:00 P.M.	Shot Put (2 rings)	Pentathlon- Women
2:00 P.M.	Long Jump (2 pits)	Pentathlon- Women
3:00 P.M.	800 Meter Run	Pentathlon- Women

Field Events

3:00 P.M.	Weight Throw	Women
3:00 P.M.	Pole Vault	Women
6:00 P.M.	Long Jump	Women
	Long Jump	Men
	Weight Throw	Men
	Pole Vault	Men

Running Events

3:00 P.M.	800 Meter	Pentathlon- Women
3:10 P.M.	One Mile Run	Women- Prelims
3:25 P.M.	One Mile Run	Men- Prelims
3:40 P.M.	60 Meter Hurdles	Women- Prelims
3:50 P.M.	60 Meter Hurdles	Men- Prelims
4:00 P.M.	60 Meter	Women- Prelims
4:10 P.M.	60 Meter	Men- Prelims
4:20 P.M.	600 Yard Run	Women- Prelims
4:35 P.M.	600 Yard Run	Men- Prelims
4:50 P.M.	400 Meters	Women- Prelims
5:05 P.M.	400 Meters	Men- Prelims
5:20 P.M.	1,000 Meters	Women- Prelims
5:35 P.M.	1,000 Meters	Men- Prelims
5:50 P.M.	800 Meters	Women- Prelims
6:05 P.M.	800 Meters	Men- Prelims
6:20 P.M.	200 Meters	Women- Prelims
6:35 P.M.	200 Meters	Men- Prelims
6:50 P.M.	5,000 Meters	Women- Finals
7:15 P.M.	5,000 Meters	Men- Finals
7:40 P.M.	Distance Medley Relay	Women- Finals
8:00 P.M.	Distance Medley Relay	Men- Finals

DAY TWO – SATURDAY, FEBRUARY 23

Combined Events

11:00 A.M.	60 Meter Hurdles	Heptathlon- Men
11:45 A.M.	Pole Vault	Heptathlon- Men
~3:00 P.M.	1,000 Meters	Heptathlon- Men

Field Events

1:00 P.M.	Shot Put	Women
	Triple Jump	Women
	Triple Jump	Men
4:00 P.M.	Shot Put	Men
	High Jump	Women
	High Jump	Men

Running Events

2:00 P.M.	60 Meter Hurdles	Women- Finals
2:10 P.M.	60 Meter Hurdles	Men- Finals
2:20 P.M.	60 Meters	Women- Finals
2:30 P.M.	60 Meters	Men- Finals
2:40 P.M.	One Mile Run	Women- Finals
2:50 P.M.	One Mile Run	Men- Finals
3:00 P.M.	1,000 Meters	Heptathlon- Men
3:10 P.M.	600 Yard Run	Women- Finals
3:20 P.M.	600 Yard Run	Men- Finals
3:30 P.M.	400 Meters	Women- Finals
3:40 P.M.	400 Meters	Men- Finals
3:50 P.M.	1,000 Meters	Women- Finals
4:00 P.M.	1,000 Meters	Men- Finals
4:10 P.M.	800 Meters	Women- Finals
4:20 P.M.	800 Meters	Men- Finals
4:30 P.M.	200 Meters	Women- Finals
4:40 P.M.	200 Meters	Men- Finals
4:50 P.M.	3,000 Meters	Women- Finals
5:15 P.M.	3,000 Meters	Men- Finals
5:40 P.M.	4x400 Meter Relay	Women- Finals
5:55 P.M.	4x400 Meter Relay	Men- Finals
6:20 P.M.	Team Championships Presentation	