

MEN - - 5 Mile

BIG 12

Cross Country Championship

Ames, Iowa
November 2, 1996
ISU Cross Country Course

Team	Total	Finisher Points							
1 Colorado	66	5	12	13	14	22	23	31	
2 Nebraska	70	1	2	8	24	35	40	45	
3 Iowa State	95	6	9	15	18	47	58	66	
4 Missouri	140	21	25	28	29	37	48	60	
5 Oklahoma State	153	4	11	38	48	52	53	59	
6 Kansas State	156	7	19	34	42	54	67	71	
7 Texas	169	26	27	32	41	43	61	84	
8 Kansas	171	10	17	44	49	51	62	70	
9 Baylor	222	30	36	39	57	60	65	75	
10 Texas A & M	248	20	33	56	63	76	77		
11 Oklahoma	251	3	16	73	79	80	81		
12 Texas Tech	338	55	68	69	72	74	78		

Place & Team	Place of Finisher	Time	Team
1	1	24:52	Nebraska
2	2	25:04	Nebraska
3	3	25:19	Oklahoma
4	4	25:24	Oklahoma State
5	5	25:24	Colorado
6	6	25:29	Iowa State
7	7	25:34	Kansas State
8	8	25:38	Nebraska
9	9	25:39	Iowa State
10	10	25:44	Kansas
11	11	25:47	Oklahoma State
12	12	25:49	Colorado
13	13	25:52	Colorado
14	14	25:52	Colorado
15	15	25:53	Iowa State
16	16	25:57	Oklahoma
17	17	25:58	Kansas
18	18	25:59	Iowa State
19	19	26:03	Kansas State
20	20	26:04	Texas A & M
21	21	26:05	Missouri
22	22	26:05	Colorado
23	23	26:06	Colorado
24	24	26:16	Nebraska
25	25	26:18	Missouri
26	26	26:19	Texas
27	27	26:21	Texas
28	28	26:22	Missouri
29	29	26:23	Missouri
30	30	26:23	Baylor
31	31	26:24	Colorado
32	32	26:24	Texas
33	33	26:25	Texas A & M

34	34	26:25	Kansas State
35	35	26:28	Nebraska
36	36	26:30	Baylor
37	37	26:30	Missouri
38	38	26:31	Oklahoma State
39	39	26:31	Baylor
40	40	26:32	Nebraska
41	41	26:32	Texas
42	42	26:34	Kansas State
43	43	26:35	Texas
44	44	26:36	Kansas
45	45	26:36	Nebraska
46	46	26:37	Missouri
47	47	26:37	Iowa State
48	48	26:38	Oklahoma State
49	49	26:48	Kansas
50	50	26:48	Missouri
51	51	26:48	Kansas
52	52	26:50	Nebraska
53	52	26:51	Oklahoma State
54	53	26:53	Oklahoma State
55	54	26:56	Missouri
56	54	26:58	Kansas State
57	55	27:00	Colorado
58	55	27:01	Texas Tech
59	56	27:01	Texas A & M
60	57	27:04	Baylor
61	58	27:04	Iowa State
62	59	27:10	Oklahoma State
63	60	27:14	Baylor
64	61	27:17	Texas
65	62	27:20	Kansas
66	63	27:22	Texas A & M
67	64	27:25	Texas
68	65	27:26	Texas
69	65	27:28	Baylor
70	66	27:29	Missouri
71	66	27:30	Iowa State
72	67	27:32	Colorado
73	68	27:35	Oklahoma State
74	67	27:48	Kansas State
75	68	27:49	Iowa State
76	68	27:55	Texas Tech
77	69	27:58	Texas Tech
78	70	28:01	Kansas
79	70	28:12	Kansas
80	71	28:26	Kansas State
81	72	28:27	Texas Tech
82	73	28:37	Oklahoma
83	74	28:44	Texas Tech
84	75	28:50	Baylor
85	76	28:53	Texas A & M
86	77	28:54	Iowa State
87	77	29:02	Texas A & M
88	78	29:25	Kansas State
89	78	29:38	Texas Tech
90	79	30:04	Kansas
91	79	30:14	Oklahoma
92	80	30:24	Oklahoma
93	81	31:59	Oklahoma

Result by CMac Running Service

WOMEN - - 5,000 Meter

BIG 12

Cross Country Championship

Ames, Iowa
November 2, 1996
ISU Cross Country Course

Team	Total	Finisher Points							
1 Colorado	30	1	2	3	11	13	23	31	
2 Missouri	78	6	8	10	21	33	48	53	
3 Nebraska	123	18	22	24	29	30	32	38	
4 Iowa State	125	12	14	25	34	40	45	50	
5 Baylor	148	19	27	28	35	39	62		
6 Oklahoma State	165	4	7	9	63	77	81	82	
7 Kansas State	192	17	26	41	51	57	61	66	
8 Texas	202	5	36	47	56	58	64	75	
9 Texas Tech	211	16	20	43	63	69	73	76	
10 Oklahoma	231	15	49	52	55	60	71	78	
11 Kansas	256	37	44	46	59	70	72	79	
12 Texas A & M	302	42	54	65	67	74	80		

Place	Team	Place of Finisher	Time	Team
1	1	Kelly Smith, Jr	17:59	Colorado
2	2	Carrie Messner, So	18:02	Colorado
3	3	Shayne Wille, Sr	18:03	Colorado
4	4	Jenny Framme, Fr	18:06	Oklahoma State
5	5	Jessica Koch, Fr	18:06	Texas
6	6	Erin Windler, So	18:06	Missouri
7	7	Hanna Smedstad, Fr	18:07	Oklahoma State
8	8	Rebecca Davis, Jr	18:09	Missouri
9	9	Tamara Dingley, So	18:19	Oklahoma State
10	10	Kristen Allen, Jr	18:23	Missouri
11	11	Kara Wheeler, Fr	18:25	Colorado
12	12	Jane Groves, So	18:27	Iowa State
13	13	Colleen Glyde, Sr	18:34	Colorado
14	14	Sydney Pounds, Sr	18:36	Iowa State
15	15	Melissa Gilbertson, Sr	18:36	Oklahoma
16	16	Kristen Koppes, Fr	18:38	Texas Tech
17	17	Samantha McNamara, Sr	18:39	Kansas State
18	18	Christina Blackmer, Sr	18:40	Nebraska
19	19	Kann Ernstrom, Fr	18:41	Baylor
20	20	Leigh Daniel, Fr	18:41	Texas Tech
21	21	Jessica Harenza, Sr	18:43	Missouri
22	22	Jaime Pauli, Fr	18:45	Nebraska
23	23	Kristina Dahlberg, Sr	18:45	Colorado
24	24	Melissa Wilson, So	18:46	Nebraska
25	25	Emily Martini, So	18:46	Iowa State
26	26	Crispy Swartz, So	18:49	Kansas State
27	27	Nancy Dollar, So	18:52	Baylor
28	28	Maria Zajvaldova, Sr	18:52	Baylor
29	29	Sherci Macfee, Sr	18:53	Nebraska
30	30	Amie Pinkner, Fr	18:54	Nebraska
31	31	Heidi Scarlett, Jr	18:55	Colorado
32	32	Nora Shepherd, Jr	18:58	Nebraska
33	33	Cara Wolf, Sr	18:58	Missouri
34	34	Laurie Meythaler, Fr	19:00	Iowa State
35		Jennier Zehr, Fr	19:03	Colorado
36	35	Cecilia Jeverstam, Fr	19:04	Baylor
37	36	Elizabeth Diaz, Fr	19:04	Texas
38	37	Erin Miles, Jr	19:05	Kansas
39	38	Malinda Mohr, Fr	19:08	Nebraska
40	39	Michelle Goertz, So	19:09	Baylor

41	40	Amber Grady, Jr	19:09	Iowa State
42	41	Ashlie Kinton, Jr	19:11	Kansas State
43	42	Amy Stanbery, So	19:14	Texas A & M
44	43	Dawn Charlier, Fr	19:14	Texas Tech
45	44	Whitney Ace, Jr	19:16	Kansas
46		Carrie Cockerham, Fr	19:18	Colorado
47	45	Stacey Armstrong, Jr	19:20	Iowa State
48	46	Lynn Lopresti, Jr	19:21	Kansas
49	47	Kirsten Diltz, So	19:24	Texas
50	48	Lisa Brown, Sr	19:24	Missouri
51	49	Sarah Harvey, Fr	19:25	Oklahoma
52	50	Kim Iverson, Sr	19:26	Iowa State
53		Sandy Fein, Sr	19:29	Nebraska
54	51	Emily Diederich, Fr	19:36	Kansas State
55		Gayle Nugent, Fr	19:38	Iowa State
56	52	Silka Vogel, Jr	19:40	Oklahoma
57	53	Carolyn Currins, Fr	19:41	Missouri
58	54	Millicent Ondras, Jr	19:42	Texas A & M
59	55	Andrea DeLozier, Fr	19:44	Oklahoma
60	56	Dana Frausto, So	19:45	Texas
61	57	Kathryn Wolfram, Fr	19:45	Kansas State
62	58	Maureen Sweeney, Fr	19:48	Texas
63	59	Erin Anderson, Jr	19:49	Kansas
64		Mickey Skidmore, Jr	19:50	Iowa State
65	60	Mindy Mizell, Fr	19:51	Oklahoma
66	61	Kelly Andra, Fr	19:51	Kansas State
67	62	Laura Bailey, Jr	19:52	Baylor
68	63	Tandra Brillhart, Sr	19:56	Texas Tech
69	64	Cindy Stefanko, Fr	19:57	Texas
70	65	Kati Klaska, So	20:04	Texas A & M
71	66	Valerie Spencer, Sr	20:05	Kansas State
72	67	Deborah Villarreal, Fr	20:06	Texas A & M
73	68	Jessica DeLa Carda, Jr	20:08	Oklahoma State
74	69	Lori Knowles, Jr	20:09	Texas Tech
75	70	Andrea Simecka, Fr	20:11	Kansas
76	71	Emily Corbett, So	20:14	Oklahoma
77		Ann Golubski, Sr	20:23	Kansas State
78	72	Cynthia Smith, Fr	20:24	Kansas
79	73	Tara Haggge, Fr	20:25	Texas Tech
80	74	Nora Sada, Fr	20:33	Texas A & M
81	75	Sara Johnson, Jr	20:38	Texas
82	76	Charity Garrison, Fr	20:39	Texas Tech
83		Megan Mahla, Fr	20:43	Nebraska
84	77	Jessica Franzen, So	20:46	Oklahoma State
85	78	Keely Dean, Fr	20:47	Oklahoma
86		Courtney Nolan, Fr	20:50	Texas Tech
87	79	Tiffany Boykin, So	21:01	Kansas
88		Alison Canny, So	21:04	Kansas State
89		Tracey Thompson, Jr	21:06	Kansas
90		Keeli Hanzelka, Fr	21:08	Texas Tech
91	80	Sandie Ramsey, Fr	21:21	Texas A & M
92	81	Lena Echelle, Fr	22:20	Oklahoma State
93	82	Karla Dennis, Fr	22:26	Oklahoma State

Results by



1996 NCAA Cross Country Championships

Men's NCAA District Championships

District V (Nov. 16 -- at Peoria, Ill.)

1.	Oklahoma State	47
2.	Nebraska	58
3.	Iowa State	67
4.	Kansas State	111
6.	Missouri	150
7.	Kansas	168

District VI (Nov. 16 -- at Denton, Texas)

2.	Texas	81
10.	Texas A&M	206

District VII (Nov. 16 -- at Fort Collins, Colo.)

1.	Colorado	33
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58th NCAA Men's Division I Championships (Nov. 25 -- at Tucson, Ariz.)

4.	Oklahoma State	158
5.	Colorado	179
7.	Nebraska	209
20.	Texas	457

Individual Results

2.	Jonah Kiptarus, Nebraska	30:20
3.	Cleophas Boor, Nebraska	30:24
11.	Christian Nicolson, Oklahoma State	31:02
13.	Christopher Kebenei, Oklahoma State	31:05
17.	Chris Severy, Colorado	31:19
23.	Zeke Tiernan, Colorado	31:29
9.	Rick Cron, Colorado	31:38
35.	Simeon Wright, Iowa State	31:47
45.	Balazs Tolgyesi, Nebraska Balazs	31:57
52.	Jerry Pullins, Kansas	32:06
53.	Chuck Sloan, Oklahoma State	32:08
55.	Rene Carlsen, Oklahoma State	32:12
58.	Erik Framme, Oklahoma State	32:17
60.	Tom Reese, Colorado	32:19
82.	Philip Maiyo, Nebraska	32:39
85.	Jay Johnson, Colorado	32:44
90.	Barry Trask, Texas	32:49
99.	Matt Napier, Colorado	32:55
107.	Jeff Novak, Texas	33:02
109.	John Perkins, Texas	33:04
110.	Habel Churu, Oklahoma State	33:06
120.	Sammy Juarez, Texas	33:23
122.	Aaron Scheer, Nebraska	33:24
143.	Ryan Gauna, Texas	34:12
144.	Oklahoma State	34:13
156.	Jim Vance, Nebraska	34:48

134 Kevin Kimbell, Texas 33:41

135 Lou Petricca, Nebraska 33:42

Women's NCAA District Championships

District V (Nov. 16 -- at Peoria, Ill.)

1.	(tie) Missouri and Iowa State	68
3.	Nebraska	99
4.	Oklahoma State	160
6.	Kansas State	214
9.	Oklahoma	256
14.	Kansas	298

District VI (Nov. 16 -- at Denton, Texas)

3.	Baylor	87
4.	Texas	115
6.	Texas Tech	156
10.	Texas A&M	253

District VII (Nov. 16 -- at Fort Collins, Colo.)

1.	Colorado	43
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16th NCAA Women's Division I Championships (Nov. 25 -- at Tucson, Ariz.)

4.	Colorado	145
18.	Iowa State	422
20.	Nebraska	449
21.	Missouri	478

Individual Results

15.	Colleen Glyde, Colorado	18:02
30.	Carrie Messner, Colorado	18:20
33.	Kelly Smith, Colorado	18:21
43.	Sydney Pounds, Iowa State	18:30
45.	Shayne Wille, Colorado	18:32
50.	Leigh Daniel, Texas Tech	18:36
59.	Kristen Allen, Missouri	18:42
72.	Melissa Gilbertson, Oklahoma	18:52
73.	Rebecca Davis, Missouri	18:53
76.	Heidi Scarlett, Colorado	18:55
86.	Melissa Wilson, Nebraska	19:00
96.	Kristina Dahlberg, Colorado	19:05
105.	Jaime Pauli, Nebraska	19:13
112.	Emily Martini, Iowa State	19:20
114.	Jessica Koch, Texas	19:20
118.	Sherri Macfee, Nebraska	19:22
121.	Jane Groves, Iowa State	19:27
124.	Amber Grady, Iowa State	19:32
133.	Amie Finker, Nebraska	19:39
135.	Kara Wheeler, Colorado	19:40
144.	Melinda Mohr, Nebraska	19:50
146.	Kim Iverson, Iowa State	19:52
153.	Lisa Brown, Missouri	20:03
154.	Nora Shepard, Nebraska	20:06
156.	Jessica Haremza, Missouri	20:08
161.	Cara Wolf, Missouri	20:30
163.	Stacey Armstrong, Iowa State	20:32
169.	Christina Blackmer, Nebraska	20:51
173.	Carolyn Currins, Missouri	21:08
175.	Laurie Meythaler, Iowa State	21:38